

AUTHOR OF THE MONTH

Meloney Washington

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ABOUT THE AUTHOR

In order to have a successful natural hair journey, one must first understand exactly what the term “natural hair” really means. This is where veteran natural hair care specialist and expert of natural hair care, Meloney Washington steps in. She’s a natural hair enthusiast, author, speaker and founder/C.E.O of Good Hair Coaching™. Washington really knows her stuff when it comes to the care and maintenance of natural hair. This stylist turned serial entrepreneur, has over twenty years of experience styling, caring, training and consulting on the best tips and treatment for natural hair.

WHY SHE'S SPECIAL

Meloney found a solution for her hair and built a comprehensive blueprint for natural hair.

ABOUT THE BOOK

Are you on the fence about going back to your natural roots? Are you struggling to transition with no success? Are you tired of spending countless hours searching for good hair tips and advice? Are you wearing wigs and weaves just because you don't know what else to do? This book was written with you in mind. Like a lot of women out there, I too struggled to transition, and once I transitioned completely, there came the issues with the upkeep for my natural hair. I wrote the book I wish I could have read when I was transitioning. Having a step-by-step guide on how to care for my hair and make it more manageable could have saved me a lot of time and undue stress. Whether you are new to the natural hair game or are already in it, this is the playbook you need. This book is the perfect companion to Nikki Walton's “Better than Good Hair.”

You will benefit from:- Learning how to manage your OWN natural textured hair- Saving yourself time and money- Avoiding the pitfalls associated with trial and error- Discovering basic “get up and go” protective styles just right for you- Maintaining basic transition styles for healthy hair upkeep- Feeling attractive at every stage during the transition process- Taming your hair with proven natural care techniques- Learning protection regimens for sleeping, working out, and swimming- Mastering techniques and regimens to tame your hair- Enjoying step-by-step instructions at your finger tips